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# 54 Simple Healthy Lunch Recipes (Fast Easy Recipes For Busy People Book 2) (English Edition)



Par Lisa Richard  
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sandwiches, salads, pastas and more: Melon and Strawberry Fruit Salad, Spicy Mango Salsa, Easy Sweet and Sour Asparagus, Belgian Endive in Brown Rice Salad, Vegetarian Garbanzo Sandwich Filling, Grilled Tilapia Fish Roll-Up, Tacos with Lime-Chipotle Dressing, Slow Cooked Black-Eyed Peas, Garbanzo Beans with Spinach, Grilled Banana and Peanut Butter Sandwich, Red and Yellow Bell Pepper Quinoa Salad, Tender Ham Sandwiches, Mandarin Orange Chicken Pasta Salad, Swiss Cheese and Apple Sandwich, Cheesy Avocado Open-Faced Sandwiches, Mint-Tomato Quinoa Salad, Spicy Black Bean Salad with Herbed Rice, Peppery Mango Salad, Shrimp, Asparagus, and Orzo Pasta Salad, Mexican Shrimp Ceviche, Bean Faux Caviar. And many many more.... So don't delay: buy your copy of my book right now if you want to eat healthy and simple lunches, and also learn how to improve your health!

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